

La Joya Senior Citizen Center

Daily Operation Schedule

Monday to Friday

8:00 AM to 5:00 PM

Service Delivery Daily:

- Nutrition Program Home Delivery (Noon)
- Congregate meals
- Transportation
- Information and Referral
- Job Placement
- Education

AM Activities

- 8:00 Open center for work-in
- 8:30 Center van starts the route from home to the center.
Prepare breakfast.
Check menu for the noon meals.
Greet participant as they arrive at center.
Participants read newspaper and watch T.V. news.
- 9:00 Leisure activities: Bingo, Dance, Dance Exercise, Plan/organize programs for contests.
Arts and Craft project workshop/session
- 11:00 Announcements
Information and Referrals
Exercises and/or educational classes.
- 11:45 Meditation / Group Positive Talk / Circle Time.
- 12:00 Noon Meals served.

PM Activities

- 1:00 Leisure activities / time: Bingo, Dance, Movie, etc...)
- 2:00 Show and Tell
- 3:00 Start fix-route back home
Social Services (Home Visits)
Complete applications
Complete assessments
Read and / or write letters, forms for the senior citizen participants who need referral services.
- 4:45 Preparing to close for the day

Phone: 956.585.7672

956.580.7024

956.580.7026

Fax: 956.580.7025

Email: ljseniorcenter@hotmail.com